

RELATIONSHIP OF EMOTIONAL SELF-EFFICACY AND SOCIAL SUPPORT WITH EDUCATIONAL ANXIETY AMONG SENIOR SECONDARY SCHOOL STUDENTS

Nimisha Beri¹ & Aadil mohd Akhoo²

¹Associate Professor, School of Education, Lovely Professional University, Phagwara, Punjab, India

²School of Education, Lovely Professional University, Phagwara, Punjab, India

Received: 08 May 2018

Accepted: 17 May 2018

Published: 23 May 2018

ABSTRACT

The present study was conducted to find the Relationship of Emotional self-efficacy and Social support with Test anxiety, Academic anxiety and Educational anxiety among senior secondary school students. In order to obtain accurate and relevant data descriptive survey method and stratified random sampling technique were used in the present study. The sample size of the study was 202 senior secondary school students from Baramulla district of Kashmir. In order to collect data for the study scales on Emotional self-efficacy by Dr. Nimisha Beri and Manisha Jain (2015), Social support scale by Vishal Sood and Arti An and (2015) and Educational anxiety inventory by Vishal Sood and Arti An and (2015) were used. The objective of this study was to find the relationship of emotional self-efficacy and social support with educational anxiety Null hypothesis was framed in order to test the objectives. Statistical techniques like Pearson's correlation and regression were used. The results of the study revealed that there is no significant relationship between Emotional self-efficacy and Test and Academic anxiety of senior secondary school students. It was also found that there is no significant relationship between Emotional self-efficacy and Educational anxiety of senior secondary school students. The results of this study also revealed that there is no significant relationship between Social support and Test anxiety of senior secondary school students. There is a significant negative relationship between Social support and Academic anxiety of senior secondary school students which means that when social support increases academic anxiety decreases.

KEYWORDS: *Emotional Self-Efficacy, Social Support, and Educational Anxiety*